

ASSISTANT Coach Job Description

Position Profile

Coaching a Girls on the Run program is the most rewarding way to get involved with Girls on the Run of the Chippewa Valley. You get to experience the program first hand, feel a sense of accomplishment that you have made a difference in the lives of girls and have a ton of fun with your team of coaches and incredible girls. This is a perfect opportunity for women or men who cannot make the twice-weekly time commitment to be a head coach!

Job Summary/Responsibilities:

The Assistant Coach is a volunteer position that assists the Head Coach(s) at a Girls on the Run program site. The position entails approximately 1.5-3 hours per week for 10 weeks. Assistant Coaches can choose to attend both program sessions per week OR commit to only one day a week. We ask each Assistant Coach to determine which schedule works best for them and to maintain that schedule throughout the program for consistency on behalf of the girls. The Assistant Coach is responsible for supporting the Head Coach and helping to facilitate the Girls on the Run curriculum

This volunteer position may be used as a service learning project, internship, or other college credit project upon agreement of the college/university and Director.

QUALIFICATIONS:

- A strong desire to work in the field of girl development
- Experience working with youth
- Excellent communication skills
- The ability to be flexible and to improvise when needed
- To inspire and motivate others to believe in the Girls on the Run mission
- High organizational skills
- The ability to recognize conflict and have the skills to help resolve it
- The capacity to work in a partnership with a co-coach and/or assistant coaches
- Successfully pass a Background Check
- First Aid/CPR certification
- Believe and support the mission of Girls on the Run

Assistant Coach Requirements

- be age 18 or older (male or female)
- complete Coach Application (found online at www.gotreauclaire.org)
- Pass Background Check
- attend 6-hour GOTRCV coach training
- collaborate with the Head Coach and other Assistant Coaches to implement the program at their site
- commit to coaching at least ONCE weekly for EACH of the 10 weeks (20 lessons) *
- Serve as role model and mentor for program participants
- Assist Head Coach with setting up/breaking down games and lessons
- Encourage and cheer for all participants
- Participate in games and workouts with the girls
- attend the end-of-season Girls on the Run of the Chippewa Valley 5k (mid May)
- Understand and believe in the mission of Girls on the Run
- Special projects may be assigned at discretion of Head Coach



*It is preferable if Assistant Coach can be at ALL practices; however, they are allowed flexibility to coach once weekly (as long as another Assistant Coach is filling vacancy)

All coaches receive a program “COACH” T-shirt, GOTRCV coach training, support throughout the season, complimentary 5K registration, a 5K T-shirt, as well as occasional discounts from our national partners and other fun surprises.

