

Running Buddy

5K Run

May 13th (Saturday)

10 AM

Carson Park



Sign up at <https://www.raceplanner.com/register/index/GOTR-2017-Spring-5K-RB>

Or mail the following to GOTRCV 2004 Highland Ave, Ste P, Eau Claire, WI 54701

***Fun starts at 9am * Happy Hair, Face painting, games and more* Tutus, headbands for sale* 8:30 shirt pick up (if registered before May 1st)**

***Non timed Run/Walk begins near Pine Pavilion in Carson Park, Eau Claire ***

*** Proceeds benefiting Girls on the Run of the Chippewa Valley* Run open to the Public***

**** Run/walk will be held rain or shine ** Sorry NO refunds****

Name: _____ Age: _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

Phone: (____) - ____ - _____ E-mail: _____

T-Shirt Size: Youth Med. Youth Large Adult Small Adult Med. Adult Large Adult XL Adult XXL No Shirt

Before May 1st (Early Bird)

\$20 Teen/Adult \$10 Youth (12 & under)

After May 2nd

\$25 Teen/Adult \$15 Youth (12 & under)

(Family Discount - IF registering more than 4 family members, \$5 off each participant)

\$15 Running Buddy (one per girl) I am running with _____ (GOTR participant) at _____ (School)

\$ _____ Total (Checks payable to Girl on the Run of the Chippewa Valley)

Waiver and Release:

I understand that participation in this 5k is voluntary and involves an element of risk or danger for participants and may cause serious injury, death, or property loss. I acknowledge these risks and release Girls on the Run of the Chippewa Valley, Girls on the Run International, the City of Eau Claire, and any of the sponsors from any liability for injuries or damages sustained while participating in this event.

I also grant permission for photos to be taken of my children or me during the Girls on the Run 5K to be used by Girls on the Run of the Chippewa Valley or other agencies for educational or public relations purposes. (please see back of sheet for full waiver)

Signature (required) _____

Date _____

Parent/Guardian Signature (if applicant is under 18) _____

Date _____

Emergency Contact: _____

Phone number: _____



Questions? girlsontherunec@gmail.com or 715-514-5075

Full Waiver and Release:

I agree to participate in the Girls on the Run® 5K Event as a runner. I acknowledge that there are inherent risks in participating in the Event and that I am participating at my own risk. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, equipment, vehicular traffic, lack of hydration, and actions of other people including, but not limited to, participants, other volunteers, spectators, coaches, event officials, and directors of the 5K Event. While Girls on the Run takes all reasonable precautions, we can make no guarantees regarding these and other risks. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them, or because of their possible liability without fault. I hereby assume all of the risks of participating.

Recognizing the risks of the 5K event, and in consideration for allowing participation in the 5K event, **I hereby release, discharge and agree to hold harmless, and to indemnify** Girls on the Run and Girls on the Run International, their owners, directors, officers, contributors, sponsors, employees, agents, and assigns against and from any causes of action, claims, demands, damages, costs, loss of services, expenses, compensation, all consequential damages and attorneys' fees (regardless whether pursuant to the laws of any county, state or country) claimed by, through or on behalf of me related directly or indirectly to the 5k race, and specifically including any and all claims for personal injuries sustained while participating in the 5K event without regard to negligence or negligent conditions.

I hereby authorize Girls on the Run, if after a reasonable attempt has been made to reach a parent, guardian or emergency contact to obtain consent, or if sound medical practice decrees that there is not time to make such an attempt, to consent to any x-ray examination, anesthetic, dental, medical or surgical diagnosis or treatment, and hospital care, to be rendered to me under the general or special supervision and on the advice of any physician or surgeon who may treat me, and consent to any x-ray examination, anesthetic, dental, medical or surgical diagnosis or treatment and hospital care, to be rendered to me by any health care professional who may treat me. I agree to pay for any such treatment and to reimburse Girls on the Run for all costs and expenses.

I understand that at Girls on the Run events and activities, I may be photographed and/or filmed. I agree to allow my name, voice, photo, video, or likeness relating to my participation with Girls on the Run to be used for any legitimate purpose by event holders, sponsors, organizers, and/or assigns, and I waive all copyrights, rights of publicity or privacy and rights to any compensation in perpetuity to which I may otherwise be entitled as a result of the use of my name, voice, photo, video, and/or likeness.

I expressly agree that this consent is intended to be as broad and inclusive a **release of liability** as permitted by applicable law and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I hereby warrant and represent that I am 18 years old or older; I have carefully read this consent and agree to its terms and conditions, that before signing this agreement I had the chance to ask questions; and I am aware that by signing this consent, I assume all risks and waive and release certain substantial rights that I may have or possess against Girls on the Run. To the extent permitted by applicable law, I hereby irrevocably and unconditionally waive trial by jury in any legal action or proceeding related to this agreement.

Signing the front waiver is a acknowledgement that you have read this.